

SPA TREATMENT MENU

Relaxing Treatments	Duration	Price
Ayurveda Special Indian treatment that balances body and soul. A gentle body massage with warm sesame oil and an oil libation in The center of the forehead, accompanied by a head massage. Recommended for those seeking pampering and relaxation. (The treatment is administered on a naked body, with appropriate covering).	75 min	550\690
Abhyanga Oil libation with warm sesame oil over the entire body, ending with a short scalp massage. (During the treatment, the recipient is unclothed, with appropriate covering.)	50 min	430
Shirodhara Oil libation in the center of the forehead ("the third eye"), Accompanied by a face-and-scalp massage.	25 min	270
Aromatherapy Gentle, luxurious massage with Cream enhanced with A combination of aromatic oils.	50 min	395
Massage for Expectant Mothers A relaxing massage with Cream that reduces the sensation of heaviness (from 18 week until 32 week).	50 min	395
Lymphatic Massage This especially gentle treatment focuses on the lymphatic system, stimulating the metabolism and improving the flow of lymphatic fluids, helping toxins to drain from the body.	50 min	395
Balance and Stress Relief		
Classic Swedish Massage Classic European massage for the entire body with Cream that stimulates blood circulation and relieves muscular tension throughout the body.	50\75 min	395\520
Reflexology A massage that applies pressure to the feet for overall balance and relaxation.	25\50 min	270\395
Massology A refreshing combination of classic Swedish massage and reflexology.	50 min	395
Combination Massage A massage combining several techniques, chosen by the therapist during the treatment.	50 min	395

	Duration Price	
Polarity A massage of the extremities (scalp, feet and hands) that offers total release from head to toe.	50 min	395
Harmony A combined massage, administered by two therapists using Swedish massage techniques, that engenders a feeling of harmony and an experience that envelops the senses.	50 min	630
Neck, Shoulders and Back Massage A massage that relieves stress and tension in the back, shoulder, and neck areas.	25 min	270
Scalp, Face and Neck Massage A pampering massage of the scalp, face and neck that focuses on relieving stress and headaches.	25 min	270
Deep Body Treatments		
Anti-Stress Massage A massage to relieve physical and emotional stress. The treatment focuses on the neck, shoulders, shoulder blades, and feet.	50 min	395
Medical Massage A massage that focuses on areas of the body requiring additional attention. More than one technique is used, depending on the experience and preference of the therapist, in accordance with the client's wishes	25\50 min	430\550
Deep Tissue Massage A deep, focused Western massage technique that relaxes muscles and tension points in different areas of the body	50\75 min	430\550
Shiatsu A treatment from the Far East, putting pressure on specific points along the body's energy channels to relieve physical and emotional tension. The treatment is administered on a mattress. We recommend that you wear comfortable clothing.	50\75 min	420\550
Thai Massage The therapist uses his/her hands and feet for a deep release of tensions in the body, using pressure and stretching. The treatment is administered on a mattress. We recommend that you wear comfortable clothing. (Applied yoga.)	50\75 min	420\550
Nourishing and Health Treatments		
Patchouli Peel Skin cleansing (removal of dead cells) with an energizing natural salt rub, enriched with different minerals and scented with vanilla patchouli. After the peel, scented butter is massaged into the skin.	50 min	395
Salt Peel Skin cleansing (removal of dead cells) with an energizing salt rub, enriched with sesame oil and lavender to nourish and calm the skin. Not recommended for people with sensitive skin.	50 min	395
Renewal of Youth - Mud A treatment that combines a body peel and a mineral mud wrap. The treatment helps rejuvenate the skin, provides nourishment with essential minerals, and leaves the skin looking especially smooth and healthy.	75 min	550
Mud wrap Warm mud masks rich in minerals. Recommended for arthritic pain and relaxation.	50 min	395

Renewal of Youth – Seaweed The treatment begins with a salt peel to improve the skin's appearance and remove dead cells. Following the peel, a seaweed wrap is applied to enhance the creation of new cells and leave the skin feeling firmer.	Duration Price 75 min 550
Venus wrap A warm mud body wrap enriched with aloe vera extract. This treatment is particularly suited to sensitive skin.	50 min 395
Seaweed wrap body wrap in seaweed rich in minerals. the treatment helps to enhance the creation of new cells skin, provides nourishment and elastically of the skin	50 min 395
Light Feet A relaxing treatment for feet suffering from varicose veins, blisters or sunburns.	50 min 395
Thermo mineral pool	15-20 min 75
The magic of hot stones A treatment that combines a gentle, relaxing massage with the touch of warm basalt stones. A pampering treatment to balance body and soul, working along the energy channels of the body, balancing and releasing emotions from the daily grind. A relaxing and pampering treatment that wraps you in warmth and softness, a pleasurable and unforgettable sensory experience.	50\75 min 430\550
Massa-ling A gentle peel rich in vitamins and minerals. The treatment removes the top layer of dead skin cells, leaving the skin smooth and refreshed. After the peel, we pamper the body.	75 min 550
Utopia A gentle peel rich in vitamins and minerals. The treatment removes the top layer of dead skin cells, leaving the skin smooth and refreshed. After the peel, we pamper the body with a relaxing Abhyanga massage using warm sesame oil. The combination of the peel and Abhyanga cleanses the body physically and emotionally, And creates overall harmony.	75 min 550
Namaste A massage with aromatic oils to reinforce the body's natural vitality, Loosen the muscles and release tension. A pampering experience For those seeking release from life's daily tensions.	75 min 550
Pampering for Couples A romantic candlelight treatment for two in our pampering love suite. The treatment includes a massage followed by a relaxing soak in the double Jacuzzi with wine and seasonal fruit.	75 min 950

	Duration Price	
Beauty Treatments Christina – Facial treatments Unistress relaxing and pampering treatment (without a deep cleaning) A special relaxing treatment integrating natural ingredients like green, red and white teas serving to decrease redness of irritated skin caused by stress. The treatment also balances and assists in rejuvenating the skin by using Omega 3 and Omega 6. These pro-biotic ingredients combine to produce better circulation and result in a better balanced more supple skin.	50 min	395
Wish Anti-Aging Treatment for Mature Skin A unique treatment for mature skin that gives vitality and glow instantly. Treatments with Wish products affect all skin layers through powerful, robust, advanced peptides: ginseng, pomegranate extract and more. The peptides improve blood circulation, skin firmness and enrich the skin with anti-oxidants providing the skin with a uniform and healthy coloring.	50 min	395
SILK Anti-aging Beauty Treatment (without deep cleansing) A unique anti-aging beauty treatment based on pure biological silk fibers that substantially reduces wrinkles, fine lines and loose skin. The treatment combines the use of enzymes that remove dead skin cells with vitamins C.A.E and exotic fruits which leave the skin with a soft smooth texture.	50 min	395
FOR EVER YOUNG Anti-Aging Treatment for Firmer Skin A facial anti-aging treatment rich in proteins, vitamins, moisturizers, fruit acids, algae and peptides. In the course of the treatment two alpha hydroxide peelings are carried out and two vitamin rich masks are applied as well as an algae mask. An eye area treatment is added that includes a crystal fingers massage and a pampering eye area mask based on algae..	75 min	470
Special Treatment for Men A unique treatment for masculine skin. The treatment slows aging processes and thoroughly strengthens and purifies the skin. It combines wine acid peeling with a gel massage that includes vitamins and peptides with a fresh mint aroma helping to provide an improved skin appearance	50 min	395

	Duration	Price
Dermalogic Dermalogica is the skincare brand most in demand by cosmeticians around the world. Its vegan products are gluten-free and based on skin-friendly ingredients. They have not been tested on animals and do not contain any animal-derived ingredients. All treatments are suitable for both men and women. *The algae masks included in the facial treatments section of the menu do not contain iodine and are suitable for all skin types and conditions. *The oatmeal used in various treatments contained in this menu is gluten-free.		
Classic Experiential Treatment A relaxing and pampering facial treatment for all skin types. This immersive treatment experience includes exfoliation, a relaxing facial massage combined with aromatic extracts and the introduction of hyaluronic acid, and the use of a unique therapeutic mask adapted to your specific skin type and condition. The treatment leaves skin radiant and glowing throughout the day.	50 min	395
Classic Purifying Treatment with Deep Cleansing A classic deep cleansing treatment designed to purify the pores. Ideal for all those with oily and combination skin. The treatment includes exfoliation, a facial massage combined with aromatic extracts and the introduction of hyaluronic acid, and an active purifying charcoal mask. Fruit acids are also used to smooth and renew the complexion. The treatment concludes with a refreshing cold algae mask to shrink the pores and relax the skin. . The treatment leaves skin cleansed and calm, perfectly moisturized and with a matte appearance.	50 min	430
Age Smart Treatment A regenerating treatment to improve skin tone and texture. This treatment includes an acid peel and the use of an innovative, extremely stable vitamin C serum, as well as the introduction of hyaluronic acid and a professional facial massage combined with aromatic extracts. It concludes with a firming or relaxing mask, according to your skin type and condition. Skin is left with a radiant, healthy appearance. *Not suitable for pregnant women. Does not include deep cleansing. *It is recommended to moisturize for two days following the treatment	50 min	430
CASMARA Casmara is an innovative Spanish derma-cosmetic brand. Its multisensory facial treatments are suitable for all skin types and include the iconic peeling masks designed to introduce active ingredients directly to the skin, improving tone and elasticity.		
Eye & Neck Treatment A cosmetic treatment combined with a relaxing holistic experience. This treatment uses special massage glasses to perform three types of massage, combined with soothing music to relax the muscles around the eyes, as well as a therapeutic mask to tighten up the neck. It helps to reduce aging signs around the eye contour that appear due to daily stress and natural fatigue of the skin. The treatment firms the skin, smooths away wrinkles, brightens dark circles, and reduces under eye puffiness.	50 min	480

Anti-Wrinkle Treatment An anti-aging treatment for firming the skin and reducing wrinkles, suitable for all skin types and conditions. This treatment uses peeling acids and peptides to smooth wrinkles, hyaluronic acid to improve the skin's firmness and elasticity, and a rich vitamin complex. It concludes with an active algae mask that helps to renew, nourish, and revitalize the skin. The treatment reduces the appearance of wrinkles, giving skin a bright, radiant look.	Duration 50 min	Price 480
Combined Treatments: Dermalogica + Casmara Organic Treatment with a Red Goji Berry & Quinoa Mask A powerful antioxidant treatment suitable for all skin types. The treatment combines goji berry extract from the Himalayas with other natural ingredients grown through ecological agriculture. It includes a special oxygen peel, followed by a massage, the introduction of hyaluronic acid, and a vitamin C serum. The treatment concludes with a firming and soothing exfoliation mask. It reduces free radical damage and protects the skin from harmful environmental effects. The treatment gives skin a brighter, healthier look.	50 min	450
Vegan Anti-Stress Treatment A luxurious treatment to deliver intensive moisture and soothe dry and sensitive skin. The treatment includes an innovative oatmeal and vegan coconut milk peel, which is used in combination with a special oxygen mask to boost the skin's cellular energy. A relaxing facial massage is performed, including the introduction of hyaluronic acid, and it concludes with a relaxing, exfoliating oatmeal mask. Restores elasticity and vitality to the skin. *This treatment is suitable and highly recommended for pregnant women.	50 min	450
The Final Touch		
Manicure Includes full nail care.	50 min	220
Pedicure Includes full nail care and treatment of the feet.	50 min	290
Hair Removal with Wax Hair removal from different parts of the body, as chosen by the client.		120-230

General Information

• Spa opening hours: 7:00am-6:45pm.

- It is recommended to wear a swimsuit and bathrobe when coming for a treatment (unless otherwise indicated).
- You must sign a health declaration before any treatment and use of the spa facilities.
- Please arrive 10 minutes before your treatment time.
- The therapist will stop the treatment if the client's behavior is not appropriate or respectful.
- Treatments must be cancelled with at least 4 hours' notice.
- A cancellation fee of 50% will be charged on all treatments cancelled without advance notice.
- Please note that changes may be made to this price list and range of treatments.
- Entry to the spa is for guests aged 16 and over.
- No additional discounts or special offers are available for treatment packages or the "Pampering for Couples" treatment.
- No more than one discount may be applied to any treatment.

For further details, and to book treatments, please contact ext. 3667/3668.

From outside the hotel: 08-668-9667/8.

Fax: 08-636-4010.